

Meals on Wheels of Contra Costa, Inc

Tidbits



Fall 2008

Partners in service to the community

"You know what? It's my privilege. I call them all my extended family." That is how two wonderful volunteers, Katherine McDonald and Joan Kunzie describe their service to the community as partners delivering Meals On Wheels over 17 years.

Katherine and Joan formed their partnership back in 1991. Katherine, a very busy homemaker raising 7 children and Joan, a retired school teacher, made the commitment as friends to get together and volunteer to deliver Meals On Wheels one day each week. Two years later, Joan returned to work while Katherine continued "Meals On Wheeling."

Just about this time Katherine decided to take on a second day delivering meals and enlisted two other longtime friends to "come along for the ride." They too became long-term Meals On Wheels volunteers. During those years Katherine and Ann Schmershal (then 80 years young) and Gwen Hoffmann have delivered thousands of nutritious meals to their frail neighbors. Katherine jokes that she "drove my Dodge Caravan into the ground," adding "but I have no regrets."

And, in 2006, as the fates for long-term close friendships would have it, Joan and Katherine were back together again, driving, navigating, knocking on doors, delivering, and – most importantly – laughing and enjoying themselves while performing a critical service for their community. The two are as concerned as ever about the elders they so conscientiously serve and check in on each Wednesday and Thursday, 52 weeks a year.

We estimate, conservatively, that Katherine and her wonderful friends and driving partners have delivered 51,600 nutritious meals over the past 17 years, given 103,000 beautiful smiles, and provided perhaps millions of warm and much needed words of love and encouragement.

Congratulations, Katherine and Joan, and THANK YOU.



Katherine delivering a meal



Joan delivering a meal

Weathering the financial "Perfect Storm"

Dramatic increases in homebound elders seeking Meals on Wheels, recent government funding reductions and declining public contributions may create the financial "perfect storm" for Meals on Wheels in 2009.

Thankfully our Meals on Wheels of Contra Costa Board of Directors has always insisted we maintain a modest contingency reserve fund in good years, so that we can maintain services for our frail homebound elders in lean years like these.

We finished fiscal year 2008 in the red, meaning that a portion of our reserves were needed to make sure every nutritionally at-risk homebound elder needing Meals on Wheels was served. We expect a second year of red ink in 2009, but still hope to avoid reducing Meals on Wheels services for our homebound elders.

We remain optimistic that the continued generosity of you, our donors, will help Meals on Wheels weather this and future financial storms to continue our vital work.

Inside this issue...

- Honoring our Major Donors
- Years of support from San Joaquin Yacht Club
- Friends & Loved Ones Remembered
- Who we are!
- Auto parts store supports MOW
- Remembering MOW

THANK YOU to our Major Donors: October 1, 2007–September 30, 2008

Every donation to Meals on Wheels makes a difference for our frail nutritionally at-risk homebound elders who need Meals on Wheels to maintain their health and independence. Space limitations prevent us from acknowledging in print our more than 6,600 wonderful and most generous individual donors annually. Some workplace donors may be omitted for lack of complete donor information in a timely manner. Please rest assured that each and every donation to Meals on Wheels of Contra Costa makes an important difference for homebound elders throughout the county

President's Circle: \$10,000 or more

Davis, Dick and Beverly
Friedmann, Peggy and Nadav
Y & H Soda Foundation

Benefactor Gold: \$5,000–\$9,999.99

A T & T
Anonymous
Anonymous Couple
Anonymous
Lawrence Livermore National
Laboratory

Benefactor Silver: \$1,000–\$4,999.99

Abel, John Alan and Cheryl
Adelson, Eliot and Julia
ARK Foundation
Baker, Richard O.
Barclays Global Investors
Britt, Donald A.
California Grand Casino
Camouse, James A.
Caton, Ronald
Caton, Vickie
ChevronTexaco Employees
Community Health Charities Agency
Condit, Mark
Cooper, Marilyn J.
Cowe, Bruce and Angela
Cross, K. Patricia
Fairchild, Yvonne M.
Fisher, Yvonne
Gallo, S. A. and RhondaRaeBeaty
Goodman, Douglas
Hagen, Peter M.
Hess, Rachel B. and Jeffrey D.
Hill, Charles D.
Hughes, Dorothy M. and Walter Don
Latteri, Ron and Ashley
Libby, Richard A.
Martin, Donald and Joyce
Mc Creary, Thomas and Frances
Mechling, William E.
Miller, Dale G.
Minnery, Valerie and Paul
Morgan, Patricia and Thomas
Nathan, Dorotea
Newachek, Estere and John
O'Connor, Thomas
Ray Benton Family
Ross, Martha Packard and John M.
Rotary Club of Danville/Sycamore
Valley Community Foundation
Rotermund, Olga and Maynard
Russell, Gregory and Anne
Scarlott, Christina and Darrell
Scott, Donald and Willa
SLR Group, Inc.
Spinelli, Nancy
Sunshine House Kid Zone, Inc.
Taylor, Conrad G.
The Donald & Carole Chaiken
Foundation
Traversaro, Gene
Tyler, James
Van Loben Sels
Vesely, Karen Jane and Jeffrey M.
Witt, Robert and Myrna

Patron: \$500–\$999.99

Adams, Abraham and Nancy White
Barry, Dennis and Martha Suzanne
Bigornia, Soonae and Antonio
Billy, Dale M. and Wendy S.
Bolles, Richard
Bordelon, Bruce Joseph and Lola Rita
Bowles, Robert R. and Elizabeth S.

Brand, Christine
Breed, Scott
Burch, Jean
Campbell, Abby and Scot
Campell Precision Products Corp.
Candido, Donna L. and Daniel R.
Cassady, George
Cavazza, Aldo and Pearl
Chang, Ross H.
Chase, Theodore
Cherry, Kenneth
Christensen, Merle and Helen
Cimino, Judith
Claus, William and Jeanne
Clayton Business & Community
Association
Collins Smith, Cherida
Cook, Jack
Cosgriff, Elizabeth
Crampton, Gloria and Lee
Cross, Deborah and Kevin
Curtis, Daniel and Linda
Dathe, Elaine and Stephen
Dayton, David
Debarrows, Clarence
Declerck, Michael J.
Dennis, Barry
Dutra, Liesa
Edwards, John S. and Betty C.
Eid, Dennis
Elliott, Vicki and William
Ferlise, Michael Jay
Freestone, Julie
Garelis, Harriet
Geier, Karl and Kathleen
Gerler, J.
Gilliland, Victoria and James G. Jr
Girvan, Daniel J. and Lynn A.
Glennon, Steve
Gould, Phyllis
Gremore, Margaret
Gutierrez, Robert
Guy, Patricia
Hagar, Debbie
Hardacre, Lori
Hardy, Joseph
Heibel, Norman and Harriette
Heydon, Harlan and M.
Higginbotham,
Jeffrey R. and Frances D.
Howard, Teresa R. and Dennis L.
Israel, Lou
Jacobson, Matt D. and Margaret E.
Jarocki, Paul and Gail
Jefferson, Donna
Johnson, Ola Paulette
Kellogg, Oliver L.
Kunios Auto Repair
Lewis, Kevin
Lezzeni, Helen E.
Lindemuth, J. and Helen
Loeliger, Scott
Lorenzetti, Fred
Lorie, Cynthia and Gallo, Michael
Luthy, Shary K. and David
MacDonald, Ruby
Maher, Christopher
Martin, Edna
Martinez Rotary Club
May Valley Neighborhood Council
Mc Closkey, Ida
McCorduck Properties, LLC
McLendon, Gilbert
Mitchell, Edward
Morain, Patricia Ann
Nagata, Susan S. and Paul S.
Nyggaard, Genevieve S.
Oki, Lisa and Jeffrey

Pabjanek, Leszek and Beata
Patterson, Joyce and James M.
Peacock, Yolanda and William H.
Peirano, James and Christine
Perry, Sondra and Robert
Petrich, Sharon
Phillips, Susan and Robert
Pierce, Tamara D. and Allen
Pinkoski, Stanley
Plummer, Louis F.
Pollson, Debra
Pollitt, Vickie
Rickson, Larry C. and Susan S.
Roach, Shirley
Rossmoor Rotary Charitable Trust
Rothschild, Michael and Debra
Rumsey, Margaret
Sattler, Dorothy
Schalich, William C. and Elizabeth A.
Schmidt, Roy
Schwab Fund for Charitable Giving
Seabolt, Betty
Searls, Niles and Lena
Seely, Yvonne and Peter
Sherman, Mary
Shipp, Robert and Julie
Short, David and Eileen
Smith, Patricia and Alan
Soc, Carol
St. Paul's Episcopal Church
Stong Plambeck, Kathleen
Sunayama, Doris
Swenson, Patricia
Taflya, Aleksandr
Templeton, David and Lieselotte
Tiffany, Barbara
Totten, Lawrence J. and Deveney
Townley, Paula
Villareal, Rizal
Vivendi Holding Corp.
Walker, Carol
Webb, Arthur and Karen
Wiley, Elizabeth
Wilson, Thomas
Wise, Frances E
Young, Walter
Youngdale, Dara
Zio Fraedus., Inc

Partner: \$250–\$499.99


Aiken, Dawn
Alciati, Judith
Alves, Wendi L
Ammerman Family Trust
Anderson, Wilma
Anthony, Alice
Antone, Darla
Arnold, Kathleen
Artale, Ronald J. and Christina P.
Arth, Josephine and Michael
Ash, Kenneth and Connie
Baake, Valerie
Badger, Clarence
Bank of America Matching Gifts
Barber, Ron and Kathleen
Barnes, Barbara
Barry, Michael and Linda
Bartholomew, Sally
Bartz, Debra
Bates, Viola
Battle, Robert C.
Bauman, John G. and Zuzana
Benz, Regina L. and Greg D.
Bernard, Steven
Bingenheimer, R. L. and Sarah E.
Bishop, Gerry
BOBAC C.F.S. Corporation
Booker, Gerald

Boorda, Timothy
Boozenny, Alex and Sybil
Bordow, Richard A. and Liz Kahlenberg
Borenstein, Severin
and Stewart, Margaret A.
Bradish, Joy
Brady, L. S. and Larry
Broomall, Ray and Sue
Buckley, Michael and Brenda
Burdick, Janet
Burton, Diane
Butala, Kathy and Michael
Callahan, William and Ann
Caprile, Janet L.
Carter, Lynn
Castain, Carmen
Castner, James
Caven, Maria J. and Frederick T.
Chan, Rebecca Y.
Chen, John and Sherry
Christiansen, Susan and Lloyd M.
Clark, John Christopher and J. Susan
Conneally, Sr., James
Cornelison, Steven and Michelle
Countryman, James
Cox, Karen
Crompton, Louis
Curtis, MD, Jeffrey L. and Nancy H
Dajani, Sylvia
Daniel Tenenberg
Daniel, Marinell
Davis, Beatrice K
Dawson, Deborah
Day, Karen
Day, Mildred A.
Derrick, Margery
Dill, Phyllis
Dillow, Merrie and Robert
Dobson, David
Dovey, Darlene
Drummond, Sheree Ann and Glenn W.
Duarte, Gerald and Patsy
Dubitzky, Mary
Dunbar, David
Durkee, Michael P.
Easterly, Elizabeth
Ebersole, Janet Z.
Edward Campbell
Edwards, James and Karen Elaine
Enge, Jackie and Randy
Erickson, Oscar and Marilyn
Eriksen, Mark and Sharon
Esparza, Laura
Fay, Diane and Gerald
Feldman, Lewis
Ferriera, Edith F.
Fischer, John R. and Marjorie H.
Floyd, Mary and Brad
Foehr, Matthew
Fontana, Leo
Ford, Claire
Frederick, Christine
Freudenthal, Margaret
Fry, Alice J. and Charles L.
Galliet, Marie E.
Ganch, Robert
Garrison, William and Bernice
Gilmore, Gloria
Giroux, Josephine V.
Golden Gate Assoc. of Health
Underwriters
Gower, Kristine K.
Grant, Janet and H. Donald
Green, Joseph
Groszkiewicz, Susan and Ted
Haritatos, Edith
Harris, Donna

Hattum, James H.
Hauntsman, Debra M.
Hellman, Lawrence
Hellum, Frank
Herrmann, David
Herzmark, Paul and McCormick, Sheila
Hightower, Max and Irene
Hildebrandt, Darlene
Hillman, Janet R.
Holdrich, Lydia
Holland, Carol and Jerome
Holm, Judith and Chester
Holmes, Linda J.
Holt, Thomas
Horning, Emmabelle and Richard
Horsfall, Mrs. William
Houdashelt, Sharon and Robert
Howison, Marianne and James
Hoyer, Roger
Hubert, Garry
Huebsch, Ian O.
Hughes, Donald H. & Ann V.
Hughes, Milton
Hungerford, Fay V. and Daniel M.
Hurler, Susan
Iroko, Akin
Ivas, Mary
Jarvis, Robert
Jewell, Mary and Peter
Johnson, Kimberly
Jones, Linda and Kenneth
Jurica, John M.
Just Packards
Kaufman, Bruce
Kellysmith, Candyce
Kennedy, Dudley
Ketelhub, Trudy K.
Kilarr, Constance
Kirby, J.
Klein, Kathy
Knapp, Arthur
Knapp, Daniel
Knox, John and Aracely
Kraintz, A. Paul and Mary S.
Krane, Herbert and Reta
Kroll, Corbett
Kuhl, John and Charlene
Lang, Lynda
L-Can Recycling
Leedom, Marilyn
Legan, Sandra
Lindsey, Carole S.
Lindvig, Marilyn
Little, John and Mary
Long, Lorraine F. and Lawrence F.
Lopez, Noreen
Lucido, Gary
Lyon, Patricia
Lytell, Joyce
Macfie, Annette
Majewski, Laura and Mark
Mansfield, Lorna
Marchiano, Claire
Marcus, Robert P.
Marin, Steven
Marshall, Patricia G.
Martin, Gerald
Martini, Caroline
Matsumoto, Roy
Matter, Thomas and Madelyn
Mayo, Henry T. and
Irene C.
Mazzanti, Martin and
Nancy
Mc Clelland, Elizabeth
Mc Crudden, Harriet
McDonnell, James R.

and Margulies, Linda J.
McGovern, Mark
Metz, Barbro
Mewha, Patricia S.
Michalek, Gary
Michelson, Marilyn and Timothy
Miller, Laurie
Monica, Tom J. and Maria H.
Monteith, Brett
Mosley, Judi
Mt. Diablo Women's Club
Myers, Judith
Nagy, Edward and Sheryl
Nasstrom, Sharon and John
Nelson, Saundra
Odumakinde, Dr. E. A.
Oliveira, Rosa
Oliver, Ilona C.
Olsen, Robert and Auguste
Patino, Damon and Cassidy, Patricia
Pattinson, Hugh M.
Peck, Eliot and Elva
Peck, Julie
Peterson, Walter
Phalen, Jesse
Phillips, Pam
Pittsburg Adult Education Center
Plant, Marjorie
Pond, Cynthia M. G. and Randall
Popoen, Jr., Paul
Potts, Jean D.
Powell, Jay E. and Cheryl R.
Ranallo, Joan E.
Rasmussen, Terrill
Raumann, Alice and Johannes
Rayden, Mary
Rettig, Russell and Sharon
Rice, Tamrin and David
Richter, Joanne and Roland
Riley, Barbara
Ritchey, S. and Sharon
Robinson, Nancy
Roe, Lauren A. and Mark A.
Roebuck, John M.
Rogers, Mary
Rollin, Robert and Vivian
Roth, Marian
Rothstein, Stuart and Michele
Rowsey, Rosalie H.
Rubio, Mike and Pat
Rudiger, Howard
Saling, Tina L. and David P.
Salusky, Monica
Sandwell, George
Scarborough, B.
Schardt, Mary and William
Scheiner, Georgene
Schriner, Mary
Schwartz, Gary
Sciortino, Constance
Selig, Walter
Sessler, Robert & Judy
Seward, Patricia
Shepherd, Richard
Shieh, Li-Shyng and Laura
Shoaf, Philip
Shurtz, Bill and Grace
Siegel, Mia
Silbergh, Michael and Eleanor
Sims, Theresa
Sinnott, James A.

Sitton, Jeffery
Skeahan, Russell
Slatten, Jackie and Robert
Sodano, Denise A.
Sorrels, Alice
Sovish, Richard and Amelia
Spiker, Donald and Conradine
Sprague, Kathy
Stack, Ruth
Stafford, Annel and James
Stanton, Connie
Stark, John
Stedman, J. Russell and Jennifer A.
Stinebaugh, Gary and Marsha
Storms, J. Michael & Mc Ardle-Storms,
Theresa
Takahashi, Patricia and Steven
Tapia, Richard C. and Colleen A.
Taylor, Henry
Tetlow, Margaret M.
The Graham Consulting Group
Thom, Wilhelmina
Thomas, William
TNT Carpet Cleaning
Tomlinson, William S.
Tri-City Concrete
Tri-Valley Community Foundation
Villanueva, Peter
Wade, Polly and Curt
Wallace, Robert and Jane
Walls, Leah
Wayne, Lynne M.
Webb, William
Weidman, Elizabeth
Weil, Nancy B. and Frank O.
White, Robert
Whitman, Roberta
Whitney, Colleen
Wiley, Mary
Williams, Connie and George
Williams, Dick and Pat
Williams, Mary
Wilt, Michael and Gloria
Winters, Julie
Wong, Agnes
Wong, Beatrice
Wong, James T. K. and Florence M. M.
Woolsey, Sally
Worley, Duane
Xavier, Janet E. and Julian M.
Young, Robert W. and Betty
Zavala, Gail and Richard
Zeichner, Judith
Zumwalt, Linda and James
Wayne, Lynne M.
Weil, Nancy B. and Frank O.
Whitman, Roberta
Whitney, Colleen
Wibbenhorst, Ann T. and Gary D.
Wijewardene, Leonard and Linda
Williams, Connie and George
Wilt, Michael and Gloria
Wilts, Francis E. and Pauline J.
Winton, Catherine
Wong, James T. K. and Florence M. M.
Xavier, Janet E. and Julian M.
Yates, Kathleen C. and R. C.
Youngdale, Dara
Zagon, Brian L. and Kimberly L.
Zamora, Fr. Clarence
Zeichner, Judith



**Some information
for our donors...**

- ✓ We don't share donor names or information with any other organization.
- ✓ We try to respect donor wishes about how often you want to receive appeals from us.



Who we are!

Meals on Wheels of Contra Costa, Inc. is a charitable nonprofit coalition of all the organizations involved in providing Meals on Wheels services in Contra Costa County. Through the generous gifts of our individual donors, charitable foundations,

businesses and civic groups, we subsidize a portion of all 300,000 Meals on Wheels delivered each year countywide by 400+ volunteers—meals which reach more than 2,200 nutritionally at-risk frail home bound elders.

We have no paid employees in our organization, but depend on the donated staff time from our member agencies and purchase clerical support on an as needed basis. **Our Mission:** We support homebound elders to maintain their health and dignity, and to live independently in the comfort and security of their ones.

Auto parts store supports MOW

SP Automotive Supply Sales Manager Steve Markus presents a check to Meals on Wheels of Contra Costa Secretary/Treasurer Paul Kraitz for the proceeds from a benefit fundraiser held at their annual Oakland Raiders game tailgate party for customers and staff.

In addition, Mr. Markus announced that SP Automotive Supply stores would now offer a **Meals on Wheels Volunteer Discount** on auto parts and accessories at all store locations—including San Pablo, Martinez and Brentwood—as “a special thank you” for their dedication and service to the community.



Steve Markus presents check to Paul Kraitz



Meals on Wheels Legacy Circle members are an exclusive group of caring individuals who have made a Planned Gift in their Will or Trust to ensure that Meals on Wheels will be here for all the frail homebound elders who will need us in the years to come. Your planned gift may be in stocks, bonds, mutual fund shares, real estate or cash. Such assets can be gifted immediately with many tax advantages, or as Planned gifts and bequests in the future.

Meals on Wheels of Contra Costa is partnered with the East Bay Community Foundation for their 75 years experience in assisting charitable nonprofit organizations such as ours in receiving a variety of gifts. To join the Meals on Wheels Legacy Circle simply let us know of your intention to make a Planned Gift to Meals on Wheels. Please contact Paul Kraitz, Secretary/Treasurer of Meals on Wheels of Contra Costa at 925-646-9143 to discuss other planned giving options.

Annual reports and Form 990

Most recent Meals on Wheels Annual Reports and Form 990 are available on our website, www.mealsonwheelsofcontracosta.org to view and print. If would like paper copies but lack Internet access, please call 1-866-669-6697 for assistance.

Health, independence and dignity for homebound elders



Meals on Wheels of Contra Costa, Inc.
P.O. Box 3195
Martinez, CA 94553

Address Correction Requested

Nonprofit Org
US Postage
PAID
Martinez, CA
Permit No. 121